



UNIVERSITÀ  
degli STUDI  
di CATANIA



Congress Center S. Domenico Palace  
Taormina, Sicily (Italy) - October 6-8, 2016



**International  
Symposium on:  
*NEW TRENDS  
IN DIABETES  
AND OBESITY  
TREATMENT***

*Organized by*  
Endocrinology, Department of  
Clinical and Experimental  
Medicine, University of Catania

A.O.O.R. "Villa Sofia-Cervello",  
Palermo

*Promoted by*



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**PRELIMINARY PROGRAM**  
*Congress Center  
S. Domenico Palace*

**T**he Department of Clinical and Experimental Medicine of the University of Catania is proud to announce the **International Workshop** on “*New Trends in Diabetes and Obesity Treatment*”, sponsored by the International Menarini Foundation. The Workshop will take place at the San Domenico Palace in Taormina (Sicily) **from 6th to 8th October 2016**.

The focus of the meeting is on new aspects of pathogenesis and treatment of two related and worldwide increasing metabolic diseases: Diabetes and Obesity.

The first session will address novel approaches to treat diabetes including both cellular and regenerative therapy for type I diabetes and bariatric surgery for type II.

The second session will deal with novelties in the pharmacologic systemic treatment of diabetes, including multidrug treatment and potential adverse effects.

The third session will address the specific problems of diabetes in the adolescent, focusing also on the prevention and early detection of chronic complications in these patients. Moreover, the management of the adolescent to adult diabetes transition will be discussed.

Finally, the last session will be devoted to obesity, including the physiology of the adipose organ, the pathophysiology of the obese patient and the effects of novel treatments, both pharmacological and surgical.

The sessions will be conducted by leading international experts in the field that will discuss with the audience main biological, clinical and therapeutic novelties in Diabetes and Obesity pathogenesis and treatment.

*Prof. Riccardo Vigneri  
Dr Piernicola Garofalo  
Presidents of the Meeting*

#### Under the auspices of

*Department of Clinical and Experimental Medicine  
Endocrinology, University of Catania Medical School*

*A.O.O.R. “Villa Sofia-Cervello”, Palermo*

#### Co-President of the Symposium

*Piernicola Garofalo*

*A.O.O.R. “Villa Sofia- Cervello”, Palermo*

*Riccardo Vigneri*

*University of Catania Medical School  
Endocrinology, Department of Clinical and Experimental Medicine*

#### Scientific secretariat

*Piernicola Garofalo*

*A.O.O.R. “Villa Sofia- Cervello”, Palermo*

*Sebastiano Squatrito*

*University of Catania Medical School*

*Riccardo Vigneri*

*University of Catania Medical School*

#### Promoted by

*Fondazione Internazionale Menarini*

*Centro Direzionale Milanofiori*

*Edificio L - Strada 6*

*20089 Rozzano (Milan, Italy)*

*Phone: +39 02 55308110*

*Fax: +39 02 55305739*

*E-mail: milan@fondazione-menarini.it*

*www.fondazione-menarini.it*

#### Organizing secretariat and CME provider

*DueCi Promotion srl*

*Via C. Farini, 28*

*40124 Bologna (Italy)*

*Phone: +39 051 4841310*

*Fax : +39 051 247165*

*E-mail: avalli@duecipromotion.com*

*stedeschi@duecipromotion.com*

*www.duecipromotion.com*



**Opening ceremony**

**17.00 p.m.** Welcome addresses  
**R. Vigneri (Catania, I)** and **P. Garofalo (Palermo, I)**  
 Co-Presidents

**17.30 p.m.** **New Approaches to the Treatment of Diabetes**

**Chairpersons:** **G. Sesti (Catanzaro, I)** and **R. Vigneri (Catania, I)**

**17.30 p.m.** **C. Ricordi (Miami, USA)**  
 Cellular Therapy and Regenerative Medicine in Diabetes

**18.00 p.m.** **L. Carlsson (Gothenburg, Sweden)**  
 Bariatric Surgery and Diabetes

**18.30 p.m.** **General discussion**

**19.00 p.m.** *Welcome cocktail*

**Session I: New Drugs for the Treatment of Diabetes**

**Chairpersons:** **F. Drago (Catania, I)** and **S. Squatrito (Catania, I)**

**09.00 a.m.** **P.L. Canonico (Novara, I)**  
 New Insulins and Biosimilars

**09.30 a.m.** **S. Inzucchi (New Haven, USA)**  
 SGLT2 Inhibitors and Cardiovascular Risk

**10.00 a.m.** **General discussion**

**10.30 a.m.** *Coffee break*

**11.00 a.m.** **S. Del Prato (Pisa, I)**  
 Novelty on Gliptins and Glitazones

**11.30 a.m.** **F. Giorgino (Bari, I)**  
 GLP-I Receptor Agonists: an Update

**12.00 p.m.** **General discussion**

**12:30 p.m.** *Lunch*

**Session II: Diabetes in the Adolescent**

**Chairpersons:** **A. Belfiore (Catanzaro, I)** and **F. Purrello (Catania, I)**

**14.00 p.m.** **D. Iafusco (Naples, I)**  
 New Technologies for the Treatment of the  
 Young Diabetic Patient

**14.30 p.m.** **D.B. Dunger (Cambridge, UK)**  
 Early Detection and Prevention of Complications  
 in Adolescents with Type I Diabetes

**15.00 p.m.** **General discussion**

**15.30 p.m.** *Coffee break*

**16.00 p.m.**  
**Chairperson:** **P. Garofalo (Palermo, I)**

**Round Table:** Toward an Optimal Clinical  
 Management of Transition Age: Why, When and How

**A. Albanese (London, UK), S. Bernasconi (Modena, I),  
 D. Brancato (Palermo, I), F. Cerutti (Turin, I),  
 G. De Filippo (Paris, F)**

**18.00 p.m.** **General discussion**

**18.30 p.m.** *Closing day*

### Session III: Obesity: Pathogenetic Mechanisms and Treatment

Chairpersons: F. Basile (Catania, I) and L. Frittitta (Catania, I)

- 09.00 a.m. **R. Vettor (Padova, I)**  
Physiopathology of Obesity
- 09.30 a.m. **S. Cinti (Ancona, I)**  
The Adipose Organ
- 10.00 a.m. General discussion
- 10.30 a.m. *Coffee break*
- 11.00 a.m. **G. Mingrone (Roma, I)**  
Mechanisms of Diabetes remission after metabolic surgery
- 11.30 a.m. **F. Muratori (Como, I)**  
Novelties on Drugs for the Treatment of Obesity
- 12.00 a.m. General discussion
- 12.30 p.m. **Closing Remarks**
- 13.00 p.m. *Lunch*

**Albanese Assunta**  
St George's University Hospitals and  
Royal Marsden Foundation, London United Kingdom

**Basile Francesco**  
University of Catania, Catania Italy

**Belfiore Antonio**  
University Magna Graecia, Catanzaro Italy

**Bernasconi Sergio**  
Modena, Italy

**Brancato Davide**  
Hospital of Partinico, Partinico - Palermo, Italy

**Canonico Pier Luigi**  
University of Piemonte, Novara, Italy

**Carlsson Lena**  
University of Gothenburg, Gothenburg, Sweden

**Cerutti Franco**  
University of Torino, Torino, Italy

**Cinti Saverio**  
Polytechnic University of Marche, Ancona, Italia

**De Filippo Gianpaolo**  
Universital Hospital of Paris Sud, Paris, France

**Del Prato Silvio**  
University of Pisa, Pisa, Italy

**Drago Filippo**  
University of Catania, Catania, Italy

**Dunger David**  
University of Cambridge, Cambridge, Italy

**Frittitta Lucia**  
University of Catania, Catania, Italy

**Garofalo Piernicola**  
A.O.O.R. "Villa Sofia-Cervello", Palermo, Italy

**Giorgino Francesco**  
University of Bari, Bari, Italy

**Iafusco Dario**  
Second University of Naples, Naples, Italy

**Inzucchi Silvio**  
Yale University, New Haven, USA

**Mingrone Geltrude**  
University "Sacro Cuore" Rome, Rome, Italy

**Muratori Fabrizio**  
Hospital "Sant'Anna", Como, Italy

**Purrello Francesco**  
University of Catania, Catania, Italy

**Ricordi Camillo**  
University of Miami, Florida, USA

**Sesti Giorgio**  
University Magna Graecia, Catanzaro Italy

**Squatrito Sebastiano**  
University of Catania, Catania, Italy

**Vettor Roberto**  
University of Padova, Padova, Italy

**Vigneri Riccardo**  
University of Catania, Catania, Italy

### Meeting venue

**Congress Center S. Domenico Palace**  
Piazza San Domenico, 5 - 98039 Taormina - Sicily - Italy

### Secretariat

The Secretariat will be open at the following times:  
Thursday October 6 from 3 p.m. to 7 p.m.  
Friday October 7 from 8 a.m. to 7 p.m.  
Saturday October 8 from 8 a.m. to 1 p.m.

### Official language

The official language of the meeting will be English.  
Simultaneous translation into Italian will be provided.

### CME

**DueCi Promotion srl**, CME Provider of the congress,  
will assign CME credits.

### EACCME

An application has been made to the EACCME®  
for CME accreditation of this event.

### Registration

The registration to the Congress is free,  
but on line registration is required.  
Please link to the organizing secretariat website:  
[www.duecipromotion.com](http://www.duecipromotion.com) > Congressi Medici  
> Calendario Congressi > Registrazione on line

### Technical facilities

Facilities will be available for computer presentations and overhead  
projections. A business center with PC (Powerpoint for Windows) will  
be available for check and preview of presentations. It is essential that  
speakers take their presentation to the business center at least one  
hour before the session starts.

### The center will be open at the following times:

Thursday October	6 from 4 p.m. to 6.30 p.m.
Friday October	7 from 8 a.m. to 6.30 p.m.
Saturday October	8 from 8 a.m. to 1.00 p.m.

### Lunches and coffee breaks

Lunches and coffee breaks will be served in the Meeting area.

### Abstracts book

Participants will receive the Abstract book at the Meeting.

### Certificate of attendance

The certificate of attendance will be available on request at the end of  
the Meeting at the secretariat counter.







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