INTERNATIONAL SYMPOSIUM ON:

Bridging the gap between guidelines and practice

Shangri-La at the Fort, Manila (Philippines)
March 23rd - 24th, 2017

CO-PRESIDENTS

Andrew J.S. Coats
Monash-Warwick Alliance Strategy
Monash University, Melbourne, Australia

Giuseppe Rosano
Cardiology Clinical Academic Group
St. George’s Hospital, London, UK
In recent years, the increased survival rates of patients with acute cardiovascular and cerebrovascular events, the progressive ageing of the population worldwide and the increased prevalence of risk factors such as obesity, diabetes and arterial hypertension appear to have resulted in an increased incidence of MI, heart failure and stroke. Cardiovascular and stroke specialists, general physicians and health carers in general, face important challenges in this area. New management strategies have been proposed in recent years and it is necessary to carefully evaluate its usefulness and the true role that these new therapeutic and preventative approaches play in clinical practice.

There is compelling evidence that in patients with cardiovascular disease, and in subjects with an increased risk of developing cardiovascular events, comprehensive risk factor management result in improved clinical outcomes, including increased survival and improved quality of life. Several studies have demonstrated that multiple risk factors have a major impact on the general population and that their multimodal modification will decrease incidence of coronary heart disease. Despite improved knowledge in recent years and useful clinical guidelines issued by International societies, the vast majority of patients and individuals at risk are not adequately treated. There are many reasons for this including different social, financial, and health care conditions in different countries. The workshop, aimed at practicing specialist cardiologists and internal medicine specialists, will endeavor to provide the pathophysiological basis for a better understanding of currently proposed treatments and preventative measures. The attendees will be updated on the importance of novel risk factors for cardiovascular and cerebrovascular disease and innovative approaches to improve treatment and prevention. Experts will discuss current International guidelines and ways of applying their recommendations to patients in everyday clinical practice. It is expected that attendees will gain insight into modern assessment of patient cardiovascular risk, prevention and management strategies in IHD, stroke and atrial fibrillation.

Prof. Andrew J.S. Coats & Prof. Giuseppe Rosano
Co-Presidents of the Meeting
UNDER THE AUSPICES OF / IN COLLABORATION WITH:

**ISMERI**
International Society for Medical Education
Research and Implementation

**Monash Warwick Alliance**
Monash Warwick Alliance Office

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**CO-PRESIDENTS OF THE MEETING**

**Prof. Andrew J. S. Coats**
Monash-Warwick Alliance Strategy
Monash University, Melbourne, Australia

**Prof. Giuseppe Rosano**
Cardiology Clinical Academic Group
St. George’s Hospital, London, UK

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**SCIENTIFIC SECRETARIAT**

Andrew J. S. Coats
Giuseppe Rosano
Romeo Divinagracia
Loewe Go
Raul Lapitan
Dante Morales
Louise Shewan
Cristiana Vitale

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**PROMOTED BY**

**Fondazione Internazionale Menarini**
Centro Direzionale Milanofiori
20089 Rozzano (Milan, Italy)
Edificio L – Strada 6
Phone: +39 02 55308110
Fax: +39 02 55305739
E-mail: milan@fondazione-menarini.it
www.fondazione-menarini.it

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**ORGANIZING SECRETARIAT**

**MICOM srl**
Via Bernardino Verro, 12 - 20141, Milan (Italy)
Tel. +39 02 895 18 895
Email: robert.rogers@micom.it
www.micom.it
Final Programme

March 23rd Morning

09:00 a.m.

Welcome address
A. J. S. Coats (Warwick, UK/Melbourne, AUS)
G. Rosano (London, UK)
R. Lapitan (Makati City, PH)
Fondazione Internazionale Menarini (Florence, I)

09:15 a.m.

R. Ferrari (Ferrara, I)
Opening Lecture
An era of evidence based treatment of cardiovascular disorders
Major unmet needs in the cardiovascular area: should we continue with large evidence based trials or more focused ones as with oncology?

Session 1

Hypertension: challenges and solutions

Chairpersons:
A. J. S. Coats (Warwick, UK/Melbourne, AUS)
R. Lapitan (Makati City, PH)

09:45 a.m.

V. Mollace (Catanzaro, I)
A comparison between ESC, JNC8 and NICE in the treatment of hypertension

10:05 a.m.

D. Morales (Manila, PH)
Should we SPRINT to reduce blood pressure?

10:25 a.m.

G. Rosano (London, UK)
Beta-receptor selectivity and clinical outcomes

10:45 a.m.

Panel: Chairs and Speakers

11:15 a.m.

Coffee break

Session 2

Hypertension in the complex patient

Chairpersons:
D. Morales (Manila, PH)
P. Seferovic (Belgrade, SRB)

11:30 a.m.

G. Rosano (London, UK)
Arterial hypertension and endothelial dysfunction

11:50 a.m.

V. Mollace (Catanzaro, I)
Stroke prevention and anticoagulation in non valvular atrial fibrillation in hypertension

12:10 p.m.

M. Lainscak (Murska Sobota, SLO)
Drug treatment of hypertension to prevent atrial fibrillation and management of hypertensive patients with atrial fibrillation

12:30 p.m.

Panel: Chairs and Speakers

01:00 p.m.

Lunch
### Session 3  
**Coronary artery disease and angina: are we optimising therapy?**

**Chairpersons:**
- G. Rosano (London, UK)
- R. Castillo (Manila, PH)

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
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<tbody>
<tr>
<td>02:00 p.m.</td>
<td>L. Go (Manila, PH)</td>
<td><em>Chronic stable angina: epidemiology and disease-specific burden</em></td>
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<tr>
<td>02:15 p.m.</td>
<td>Y. Lopatin (Volgograd, RU)</td>
<td><em>Guidelines on management of CAD differences and similarities</em></td>
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<tr>
<td>02:30 p.m.</td>
<td>N. Abelardo (Manila, PH)</td>
<td><em>Coronary artery disease in the complex patient with comorbidities</em></td>
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<tr>
<td>02:45 p.m.</td>
<td>A. J. Manolis (Athens, GR)</td>
<td><em>The role of late Na channel blockade in the management of CSA</em></td>
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<tr>
<td>03:00 p.m.</td>
<td></td>
<td>Panel: Chairs and Speakers</td>
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<tr>
<td>03:30 p.m.</td>
<td></td>
<td><strong>Coffee break</strong></td>
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### Session 4  
**Diabetes: new paradigms for treatment with CV protection**

**Chairpersons:**
- A. J. S. Coats (Warwick, UK/Melbourne, AUS)
- D. Morales (Manila, PH)

<table>
<thead>
<tr>
<th>Time</th>
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<th>Topic</th>
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<tbody>
<tr>
<td>03:45 p.m.</td>
<td>P. Seferovic (Belgrade, SRB)</td>
<td><em>What is the optimal target of glucose control in patients with increased cardiovascular risk?</em></td>
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<td>04:05 p.m.</td>
<td>G. Rosano (London, UK)</td>
<td><em>New molecules effective in reducing cardiovascular mortality in diabetes</em></td>
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<td>04:25 p.m.</td>
<td>M. Lainscak (Murska Sobota, SLO)</td>
<td><em>Cardiovascular drugs in diabetic patients, how to choose</em></td>
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<tr>
<td>04:45 p.m.</td>
<td></td>
<td>Panel: Chairs and Speakers with V. Mollace (Catanzaro, I)</td>
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<tr>
<td>05:30 p.m.</td>
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<td><strong>End of first day</strong></td>
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**March 24th**  

**Morning**

**Session 5**  
**Heart Failure: implementing modern guidelines**

| Chairpersons: | A. J. S. Coats (Warwick, UK/ Melbourne, AUS)  
G. Gervacio (Manila, PH) |
|-----------------|---------------------------------------------------------------------------------|

09:00 a.m.  
J. Celutkiene (Vilnius, LT)  
*New diagnostic pathways*

09:20 a.m.  
R. Divinagracia (Manila, PH)  
*What’s new in the treatment algorithms*

09:40 a.m.  
E. Jankowska (Wroclau, PL)  
*Appropriate use of devices*

10:00 a.m.  
Panel: Chairs and Speakers

10:30 a.m.  
Coffee break

**Session 6**  
**HF with co-morbidities: the patient centred journey**

| Chairpersons: | M. Volterrani (Rome, I)  
J. Celutkiene (Vilnius, LT) |
|-----------------|----------------------------------------------------------------------------|

10:45 a.m.  
E. Jankowska (Wroclaw, PL)  
*How to look for and how to manage iron deficiency*

11:05 a.m.  
M. Lainscak (Murska Sobota, SLO)  
*The difficult dilemma: CHF with COPD*

11:25 a.m.  
A. J. S. Coats (Warwick, UK/ Melbourne, AUS)  
*Hypertension and coronary artery disease*

11:45 a.m.  
Panel: Chairs and Speakers

12:15 p.m.  
A. J. S. Coats (Warwick, UK/ Melbourne, AUS) and G. Rosano (London, UK)  
*Main session closing remarks and take home messages*

12:30 p.m.  
Lunch

**March 24th**  

**Afternoon**

**Extended Programme Session**

01:30 p.m.  
**Interactive Group Workshops:**
- M. Volterrani (Rome, I)  
  *Algorithms for the treatment of angina pectoris*
- G. Rosano (London, UK)  
  *Diagnosis and treatment of DVT*
- V. Mollace (Catanzaro, I)  
  *The role of nutraceuticals in cardiovascular therapy*

03:30 p.m.  
V. Mollace (Catanzaro, I), G. Rosano (London, UK),  
M. Volterrani (Rome, I)  
*Presentation of group workshop findings*

04:30 p.m.  
A. J.S. Coats (Australia/UK) and G. Rosano (London, UK)  
*Final closing remarks and take home messages*

05:15 p.m.  
End of final day
GENERAL INFORMATION

Meeting venue
The venue for the Meeting will be “Shangri-La at the Fort” – 30th Street corner 5th Street, Bonifacio Global City, Taguig, Manila (Philippines)

Secretariat during the Meeting
The Secretariat will be open at the following times:
Thursday, March 23rd 2017, from 08.00 a.m. to 05.30 p.m.
Friday, March 24th 2017, from 08.00 a.m. to 05.15 p.m.

Official language
The official language of the Meeting will be English.

European Board for Accreditation in Cardiology
In compliance with EBAC/ EACCME guidelines, all speakers/chairpersons participating in this programme have disclosed potential conflicts of interest that might cause a bias in the presentations. The Organising Committee is responsible for ensuring that all potential conflicts of interest relevant to the programme are declared to the audience prior to the CME activities.

Recipients of the initiative:
Medical Doctors Specialist: Cardiology, Internal Medicine, Geriatrics, Emergency Medicine

Total hours of scientific sessions: 14

Registration
The Meeting is free to attend. Please confirm your participation to the Organizing Secretariat
MICOM Srl – tel. +39 02 895 18 895 - email: robert.rogers@micom.it - website: www.micom.it
Within March 6th 2017

Technical facilities
Facilities will be available for computer presentations and overhead projections. A business center with PCs (Powerpoint for Windows) will be available to check and preview presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.
The center will be open at the following times:
Thursday, March 23rd 2017, from 08.00 a.m. to 05.30 p.m.
Friday, March 24th 2017, from 08.00 a.m. to 05.15 p.m.

Lunches and coffee breaks
Lunches and coffee breaks will be served in the Meeting area.
Faculty List

Nelson Abelardo
Manila Doctors Hospital
Manila, Philippines

Rafael R. Castillo
Manila Doctors Hospital
Manila, Philippines

Jelena Celutkiene
Vilnius University Medical Facility
Board Member – Heart Failure
Association of the ESC
Vilnius, Lituania

Andrew J.S. Coats
Monash University
Melbourne Australia
University of Warwick
Warwick, United Kingdom

Romeo Divinagracia
Philippine Heart Centre
Manila, Philippines

Giselle Gervacio
Philippine Heart Centre
Manila, Philippines

Loewe Go
St Luke’s Medical Center, Quezon City
Manila, Philippines

Eva Jankowska
Wroclaw Medical University
Wroclaw, Poland

Mitja Lainscak
University of Ljubljana,
General Hospital Murska Sobota
Ljubljana, Slovenia

Raul Lapitan
Makati Medical Center,
Makati City, Philippines

Yuri Lopatin
Volgograd State Medical University,
Volgograd Regional Cardiology Center,
Board Member – Heart Failure Association
of the ESC
Volgograd, Russia

Roberto Ferrari
Università di Ferrara
Centro di Fisiopatologia Cardiovascolare
“Salvatore Maugeri”
Ferrara, Italy
Faculty List

Athanasios J. Manolis
Asklepeion Hospital, Athens,
Emory University
Atlanta, GA, USA
Boston University, Boston, USA
Athens, Greece

Louise Shewan
Monash University
Melbourne, Australia
University of Warwick
Warwick, United Kingdom

Vincenzo Mollace
Università Magna Graecia,
Catanzaro, Italy

Cristina Vitale
Clinical Trial Center
IRCCS San Raffaele Hospital
Rome, Italy

Dante Morales
Philippine Heart Centre
Manila, Philippines

Maurizio Volterrani
“San Raffaele-Pisana” Medical Centre Roma
Rome, Italy

Giuseppe Rosano
St. George’s University of London
Board Member - Heart Failure
Association of the ESC
London, United Kingdom

Petar Seferovic
Clinical Centre of Serbia
Belgrade University School of Medicine
Belgrade, Serbia
Fondazione Internazionale Menarini
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