



FONDAZIONE  
INTERNAZIONALE  
MENARINI



INSTYTUT  
KARDIOLOGII



WARSAW (POLAND), JUNE 14<sup>TH</sup> – 15<sup>TH</sup>, 2019

INTERNATIONAL CARDIOVASCULAR SYMPOSIUM ON:  
**CARDIAC & VASCULAR  
DISEASES:**

*Present and future*





## WELCOME LETTER

Dear colleagues,

It is a great pleasure to invite you to the International Cardiovascular Symposium on: “**Cardiac & Vascular Disease: present and future**”. The Symposium has been organized in Warsaw under the auspices of the Institute of Cardiology Warsaw, Poland and co-organized by Fondazione Internazionale Menarini.

During two-day meetings we will discuss the state of the art and future perspectives of cardiovascular medicine, including novel cardiovascular risk factors: hypertension, coronary artery disease and heart failure. The important topics of cardiovascular diseases during pregnancy will be highlighted. We shall hold your attention also to some controversies in cardiovascular therapy. Each session will be preceded with a short case presentation to focus on practical aspects.

We have an outstanding international faculty of experts and we are looking forward to welcoming you to the rapidly developing, vibrant and ever-fascinating Warsaw,

Co-Presidents Of The Symposium

**Andrzej Januszewicz** and **Aleksander Prejbisz**



**UNDER THE AUSPICES OF**  
**Institute of Cardiology, Poland**

**CO-PRESIDENTS OF THE SYMPOSIUM**

**Andrzej Januszewicz**  
**Aleksander Prejbisz**

Department of Hypertension, Institute of Cardiology  
Warsaw, Poland

**CO-ORGANIZED BY:**

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# PROGRAMME

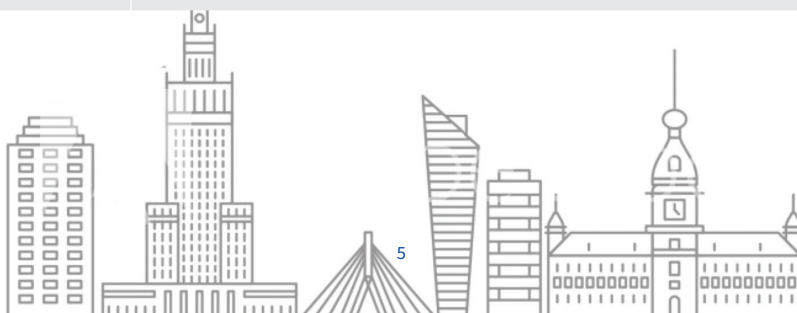
Congress Venue - Polin Conference Center

## FRIDAY, JUNE 14<sup>TH</sup>, 2019 - MORNING

|                          |   |
|--------------------------|---|
| 09.00 a.m.<br>09.30 a.m. | <i>Welcome addresses</i><br><b>T. Hryniewiecki</b> (Warsaw, PL) Director of the Institute of Cardiology<br><i>Introduction</i><br><b>A. Januszewicz</b> (Warsaw, PL), <b>A. Prejbisz</b> (Warsaw, PL) |
|--------------------------|---|

### SESSION I - NOVEL CARDIOVASCULAR RISK FACTORS EVALUATION AND MANAGEMENT

|                          |  |
|--------------------------|--|
| Chairpersons:            | <b>M. Bursztyn</b> (Jerusalem, IL)<br><b>A. Januszewicz</b> (Warsaw, PL)   |
| 09.30 a.m.<br>09.40 a.m. | <b>J. Wolf</b> (Gdańsk, PL)<br>Patient with masked hypertension and erectile dysfunction<br><i>Case Presentation</i>           |
| 09.40 a.m.<br>10.05 a.m. | <b>R. Zimlichman</b> (Tel Aviv, IL)<br>Blood pressure, arterial aging and arteriosclerosis                                     |
| 10.05 a.m.<br>10.30 a.m. | <b>J. Wolf</b> (Gdańsk, PL)<br>Cardiovascular safety of erectile dysfunction treatment   |
| 10.30 a.m.<br>11.00 a.m. | <i>Coffee Break</i>  |
| 11.00 a.m.<br>11.25 a.m. | <b>G. Bilo</b> (Milan, IT)<br>Masked hypertension – how and when to assess in daily practice<br>and when it should be treated? |
| 11.25 p.m.<br>12.00 p.m. | <b>J. Polonia</b> (Porto, PT)<br>Salt intake and stroke. A deadly connection   |
| 12.00 p.m.<br>12.20 p.m. | Discussion   |
| 12.20 p.m.<br>01.30 p.m. | <i>Buffet Lunch</i>  |



## FRIDAY, JUNE 14<sup>TH</sup>, 2019 - AFTERNOON

### SESSION II - PROGRESS IN UNDERSTANDING OF CARDIOVASCULAR DISEASE

|                          |  |
|--------------------------|--|
| Chairpersons:            | <b>R. Cifkova</b> (Prague, CZ)<br><b>C. Kępa</b> (Warsaw, PL)  |
| 01.30 p.m.<br>01.40 p.m. | <b>E. Warchoń-Celińska</b> (Warsaw, PL)<br>Patient with FMD and coronary artery dissection<br><i>Case presentation</i>         |
| 01.40 p.m.<br>02.05 p.m. | <b>D. Lovic</b> (Niš, RS)<br>Anti-coagulant treatment in primary and secondary prevention –<br>new treatments, new indications |
| 02.05 p.m.<br>02.30 p.m. | <b>A. Maas</b> (Nijmegen, NL)<br>Spontaneous coronary artery dissection –<br>more frequent than previously thought             |
| 02.30 p.m.<br>02.55 p.m. | <b>M. Bursztyn</b> (Jerusalem, IL)<br>Significance of higher systolic blood pressure in young people                           |
| 02.55 p.m.<br>03.30 p.m. | <b>G. Rosano</b> (London, UK)<br>HFrEF – current treatment and future perspectives   |
| 03.30 p.m.<br>03.45 p.m. | <i>Coffee Break</i>  |

### SESSION III - CARDIOVASCULAR COMPLICATIONS IN PREGNANCY – DIFFERENT VIEWPOINTS

|                          |   |
|--------------------------|---|
| Chairpersons:            | <b>J. Polonia</b> (Porto, PT)<br><b>P. Hoffman</b> (Warsaw, PL)   |
| 03.45 p.m.<br>03.55 p.m. | <b>P. Dobrowolski</b> (Warsaw, PL)<br>Patient with pregnancy induced hypertension<br><i>Case presentation</i> |
| 03.55 p.m.<br>04.20 p.m. | <b>R. Cifkova</b> (Prague, CZ)<br>Management of hypertension in pregnancy                                     |
| 04.20 p.m.<br>04.45 p.m. | <b>T. König</b> (Hannover, DE)<br>Management of peripartum cardiomyopathy                                     |
| 04.45 p.m.<br>05.10 p.m. | <b>E. Steegers</b> (Rotterdam, NL)<br>Hypertensive states of pregnancy and future cardiovascular risk         |
| 05.10 p.m.<br>05.35 p.m. | <b>A. Prejbisz</b> (Warsaw, PL)<br>Hypertension in pregnancy – myths and facts                                |

## SATURDAY, JUNE 15<sup>TH</sup>, 2019 - MORNING

### SESSION IV - OPTIMAL TREATMENT AND BLOOD PRESSURE TARGETS IN HYPERTENSION – FOCUS ON DIFFERENT CLINICAL SCENARIOS

|                          |   |
|--------------------------|---|
| Chairpersons:            | <b>A. Morganti</b> (Milan, IT)<br><b>A. Januszewicz</b> (Warsaw, PL)  |
| 08.45 a.m.<br>08.55 a.m. | <b>K. Kowalczyk</b> (Warsaw, PL)<br>Elderly patient with hypertension, chronic kidney disease and history of stroke<br><i>Case presentation</i> |
| 08.55 a.m.<br>09.20 a.m. | <b>B. Jelakovic</b> (Zagreb, HR)<br>Hypertensive patient with chronic kidney disease – current recommendations                                  |
| 09.20 a.m.<br>09.45 a.m. | <b>A. Coca</b> (Barcelona, ES)<br>Dementia and stroke in patients with hypertension – blood pressure targets and treatment                      |
| 09.45 a.m.<br>10.10 a.m. | <b>R. Kreutz</b> (Berlin, DE)<br>Blood pressure targets and hypertension therapy in elderly and very elderly                                    |
| 10.10 a.m.<br>10.35 a.m. | <b>D. Rizzoni</b> (Brescia, IT)<br>Old and new treatments in hypertension   |
| 10.35 a.m.<br>10.55 a.m. | <i>Coffee Break</i>   |

### SESSION V - CORONARY ARTERY DISEASE: ACUTE AND CHRONIC CORONARY SYNDROMES

|                          |  |
|--------------------------|--|
| Chairpersons:            | <b>A. Witkowski</b> (Warsaw, PL)<br><b>J. Bil</b> (Warsaw, PL)   |
| 10.55 a.m.<br>11.05 a.m. | <b>J. Kądziela</b> (Warsaw, PL)<br>Patient with MINOCA   |
| 11.05 a.m.<br>11.30 a.m. | <b>A. Witkowski</b> (Warsaw, PL)<br>MINOCA – differential diagnosis and treatment algorithm  |
| 11.30 a.m.<br>11.55 a.m. | <b>K. Kukuła</b> (Warsaw, PL)<br>The role of adjunctive pharmacotherapy in the treatment of ACS  |
| 11.55 a.m.<br>12.20 p.m. | <b>M. Opolski</b> (Warsaw, PL)<br>How to optimize intervention? The role of intracoronary imaging & physiology assessment                |
| 12.20 p.m.<br>12.45 p.m. | <b>J. Bil</b> (Warsaw, PL)<br>The value of percutaneous coronary revascularization in chronic coronary syndrome: which patients benefit? |
| 12.45 p.m.<br>01.30 p.m. | <b>SPECIAL LECTURE</b><br><b>T. Lüscher</b> (London, UK), (Zurich, CH)<br>Cardiac and vascular diseases: past, present and future        |
| 01.30 p.m.<br>02.15 p.m. | <i>Buffet Lunch</i>  |

## SATURDAY, JUNE 15<sup>TH</sup>, 2019 - AFTERNOON

### SESSION VI - DIFFICULT TO CONTROL AND RESISTANT HYPERTENSION – STEP BY STEP

|                          |   |
|--------------------------|---|
| Chairpersons:            | <b>R. Kreutz</b> (Berlin, DE)<br><b>J. Kądziała</b> (Warsaw, PL)  |
| 02.15 p.m.<br>02.25 p.m. | <b>A. Prejbisz</b> (Warsaw, PL)<br>Patient with resistant hypertension<br><i>Case presentation</i>                                |
| 02.25 p.m.<br>02.50 p.m. | <b>A. Morganti</b> (Milan, IT)<br>When and how to screen for secondary hypertension in daily practice                             |
| 02.50 p.m.<br>03.15 p.m. | <b>A. Persu</b> (Brussels, BE)<br>Resistant hypertension, at the crossroads of psychology, drug adherence and target organ damage |
| 03.15 p.m.<br>03.40 p.m. | <b>A. Januszewicz</b> (Warsaw, PL)<br>Medical treatment of resistant hypertension   |
| 03.40 p.m.<br>04.05 p.m. | <b>M. Azizi</b> (Paris, FR)<br>Interventional treatment of hypertension – back again?   |
| 04.05 p.m.<br>04.25 p.m. | <i>Coffee Break</i>   |

### SESSION VII - CONTROVERSIES IN CARDIOVASCULAR THERAPY

|                          |  |
|--------------------------|--|
| Chairpersons:            | <b>M. Azizi</b> (Paris, FR)<br><b>A. Prejbisz</b> (Warsaw, PL)                                       |
| 04.25 p.m.<br>04.35 p.m. | <b>P. Talarowska</b> (Warsaw, PL)<br>Patient at high cardiovascular risk<br><i>Case presentation</i> |
| 04.35 p.m.<br>05.00 p.m. | <b>F. Messerli</b> (Bern, CH)<br>ACE inhibitors vs ARB – different in cardiovascular risk reduction? |
| 05.00 p.m.<br>05.25 p.m. | <b>A. Corsini</b> (Milan, IT)<br>Intensive vs. early LDL lowering: two sides of the same coin        |
| 05.25 p.m.<br>05.50 p.m. | <b>P. Nilsson</b> (Malmö, SW)<br>Microbiota and cardiometabolic risk – where do we stand?            |
| 05.50 p.m.<br>06.15 p.m. | <b>E. Jankowska</b> (Wrocław, PL)<br>New aspects of MRA blockade in heart failure                    |
| 06.15 p.m.<br>06.30 p.m. | <b>PANEL DISCUSSION</b>  |
| 06.30 p.m.<br>06.45 p.m. | <b>CLOSING REMARKS</b><br><b>A. Januszewicz</b> (Warsaw, PL), <b>A. Prejbisz</b> (Warsaw, PL)        |



## FACULTY LIST

- M. Azizi**  
(Paris, FR)
- J. Bil**  
(Warsaw, PL)
- G. Bilo**  
(Milan, IT)
- M. Bursztyn**  
(Jerusalem, IL)
- A. Coca**  
(Barcelona, ES)
- A. Corsini**  
(Milan, IT)
- R. Cifkova**  
(Prague, CZ)
- P. Dobrowolski**  
(Warsaw, PL)
- P. Hoffman**  
(Warsaw, PL)
- T. Hryniewiecki**  
(Warsaw, PL)
- E. Jankowska**  
(Wrocław, PL)
- A. Januszewicz**  
(Warsaw, PL)
- B. Jelakovic**  
(Zagreb, HR)
- J. Kądziela**  
(Warsaw, PL)
- C. Kępka**  
(Warsaw, PL)
- T. König**  
(Hannover, DE)
- K. Kowalczyk**  
(Warsaw, PL)
- R. Kreutz**  
(Berlin, DE)
- K. Kukuła**  
(Warsaw, PL)
- D. Lovic**  
(Niš, RS)
- T. Lüscher**  
(London, UK), (Zurich, CH)
- A. Maas**  
(Nijmegen, NL)
- F. Messerli**  
(Bern, CH)
- A. Morganti**  
(Milan, IT)
- P. Nilsson**  
(Malmö, SW)
- M. Opolski**  
(Warsaw, PL)
- A. Persu**  
(Brussels, BE)
- J. Polonia**  
(Porto, PT)
- A. Prejbisz**  
(Warsaw, PL)
- D. Rizzoni**  
(Brescia, IT)
- G. Rosano**  
(London, UK)
- E. Steegers**  
(Rotterdam, NL)
- P. Talarowska**  
(Warsaw, PL)
- E. Warchoł-Celińska**  
(Warsaw, PL)
- A. Witkowski**  
(Warsaw, PL)
- J. Wolf**  
(Gdańsk, PL)
- R. Zimlichman**  
(Tel Aviv, IL)

## GENERAL INFORMATION

### MEETING VENUE

*POLIN Conference Centre*

*Location: Warsaw, 6, Anielewicz Street*

### SECRETARIAT DURING THE MEETING

The secretariat will be open at the following times:

Friday, June 14<sup>th</sup> 2019 from 08.00 a.m. to 07.00 p.m.

Saturday, June 15<sup>th</sup> 2019 from 08.00 a.m. to 06.00 p.m.

### OFFICIAL LANGUAGE

The official language of the Meeting will be English.

Simultaneous translation will be provided from English to Polish.

### REGISTRATION

The Meeting is free to attend.

Please confirm the participation to the Organizing Secretariat.

### ORGANIZING SECRETARIAT

#### TARGET MOTIVATION SRL

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congress@targetmotivation.it – warsaw2019@targetmotivation.it

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### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Friday, June 14<sup>th</sup> 2019 from 08.00 a.m. to 07.00 p.m.

Saturday, June 15<sup>th</sup> 2019 from 08.00 a.m. to 06.00 p.m.

### LUNCHESS AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.





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WARSAW (POLAND), JUNE 14<sup>TH</sup> – 15<sup>TH</sup>, 2019

**FONDAZIONE INTERNAZIONALE MENARINI**  
**SYMPOSIA: N. 422**



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