



FONDAZIONE
INTERNAZIONALE
MENARINI



College of Surgeons
Singapore



College of Anaesthesiologists
Singapore

UTOPIA

UPDATES ON BEST PRACTICES IN PERIOPERATIVE CARE

SCIENTIFIC CONGRESS | 2019

Venue:
Carlton Hotel - Singapore

13TH-14TH SEPTEMBER 2019, SINGAPORE

WELCOME LETTER

A warm welcome to all local and international delegates at our inaugural educational seminar co-organized by the College of Surgeons, Singapore, College of Anaesthesiologists, Singapore and Fondazione Internazionale Menarini, Italy. The theme of the seminar is **UTOPIA** – Updates on Best Practices in Perioperative Care. In today's patient-centric and value-based healthcare world, patient autonomy and safety are crucial factors to ensure good patient outcomes. Despite advances in medical technology, creation of new drugs and treatment modalities, the crux of healthcare delivery will always center on the patient, who needs to be well-informed and optimized for surgery. The operating theatre is the place where many precious lives are saved through surgery, but it is also the place where errors can occur due to the complexity of processes and communication required for safe surgery to be performed. This seminar has brought together key opinion leaders from Singapore and 9 other countries to share their best practices ranging from informed consent, pre-operative management, risk management in surgery, to continuing education and a glimpse of the future of Medicine. We hope that this seminar will enlighten and energize the surgical and anaesthesia communities, so that our operating theatres can become the utopia in our hospitals. Beyond the sharing and learning, we hope that this seminar can enhance the collegiality of our specialists both locally and internationally, so that we can all provide the best care for our surgical patients.

Co-Presidents Of The Meeting



Chua Wei Chong
Organizing Co-Chair
President (2017-2019)
College
of Surgeons
Singapore



Sophia Chew
Organizing Co-Chair
President (2017-2019)
College
of Anaesthesiologists
Singapore



Tan Yeh Hong
Organizing Co-Chair
President (2019-2021)
College
of Surgeons
Singapore



Nelson Chua
Organizing Co-Chair
President (2019-2021)
College
of Anaesthesiologists
Singapore

**UNDER THE AUSPICES OF
Academy of Medicine, Singapore**

CO-PRESIDENTS OF THE MEETING

Chua Wei Chong President (2017-2019)
President, College of Surgeons, Singapore

Sophia Chew President (2017-2019)
College of Anaesthesiologists, Singapore

Tan Yeh Hong President (2019-2021)
College of Surgeons, Singapore

Nelson Chua President (2019-2021)
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Joseph Kerk

College of Surgeons, Singapore

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PROGRAMME

CARLTON HOTEL - SINGAPORE

FRIDAY, SEPTEMBER 13TH, 2019 - MORNING

| | |
|--------------------------|---|
| 08.30 a.m. 09.00 a.m. | <i>Registration</i> |
| 09.00 a.m. 09.05 a.m. | <i>Welcome Address</i> W. C. Chua (Singapore) |
| 09.05 a.m. 09.15 a.m. | <i>Opening Address</i> S. Sayampanathan (Singapore) |

SESSION I - UPDATES ON MEDICAL ETHICS AND MEDICAL LAW I

| | |
|--------------------------|---|
| Chairpersons: | W. C. Chua (Singapore) A. Kamarulzaman (Malaysia) |
| 09.15 a.m. 09.40 a.m. | J. J. Chin (Singapore) Medical Ethics and Defensive Medicine – where to we draw the line? |
| 09.40 a.m. 10.05 a.m. | H. H. Kim (South Korea) The Ethics of Introducing New Surgical Technology |
| 10.05 a.m. 10.30 a.m. | C. Y. Wong (Singapore) Informed Consent – The Singapore Experience |
| 10.30 a.m. 10.45 a.m. | Q&A |
| 10.45 a.m. 11.10 a.m. | <i>Teabreak</i> |

FRIDAY, SEPTEMBER 13TH, 2019 - MORNING

SESSION II - RISK MANAGEMENT IN ANAESTHESIA AND SURGERY

| | |
|--------------------------|--|
| Chairpersons: | S. Chew (Singapore) B. Moore (Australia) |
| 11.10 a.m. 11.20 a.m. | <i>Speech by Guest of Honour</i> E. Tong (Senior Minister of State, Ministry of Health and Ministry of Law, Singapore) |
| 11.20 a.m. 11.45 a.m. | J. Adams (United Kingdom) Strategies of Minimizing the Risk to Patients During Anaesthesia |
| 11.45 a.m. 12.10 p.m. | K. S. Ho (Singapore) Top 5 Pearls of Surgical Wisdom (to prevent being sued) |
| 12.10 p.m. 12.35 p.m. | A. Imaizumi (Japan) Plastic Surgery Gone Wrong 101 |
| 12.35 p.m. 12.50 p.m. | Q&A |
| 12.50 p.m. 01.30 p.m. | <i>Lunch</i> |

FRIDAY, SEPTEMBER 13TH, 2019 - AFTERNOON

SESSION III - UPDATES OF PRE-OPERATIVE CARE

| | |
|--------------------------|--|
| Chairpersons: | N. Chua (Singapore) S. Coaccioli (Italy) |
| 01.30 p.m. 01.55 p.m. | K. F. Koh (Singapore) Preoperative Fasting in Patients Undergoing Elective Surgery |
| 01.55 p.m. 02.20 p.m. | L. K. Ti (Singapore) Management of the Diabetic Patient Peri-Operatively |
| 02.20 p.m. 02.45 p.m. | S. M. Tay (Singapore) Optimizing Outcomes in the Elderly Surgical Patient |
| 02.45 p.m. 03.00 p.m. | Q&A |
| 03.00 p.m. 03.25 p.m. | <i>Teabreak</i> |

FRIDAY, SEPTEMBER 13TH, 2019 - AFTERNOON

SESSION IV - INFECTION CONTROL IN SURGERY

| | |
|--------------------------|--|
| Chairpersons: | S. Homer-Vanniasinkam (United Kingdom) J. Lo (Singapore) |
| 03.25 p.m. 03.50 p.m. | M. Narayan (USA) Quality Improvement Programs to Reduce Surgical Site Infections in Acute Care Hospitals |
| 03.50 p.m. 04.15 p.m. | D. Lye (Singapore) Antibiotic Prophylaxis in Surgery |
| 04.15 p.m. 04.40 p.m. | D. Tay (Singapore) Prevention and Management of Implant Infections |
| 04.40 p.m. 04.55 p.m. | Q&A |
| 04.55 p.m. 05.00 p.m. | Closure of Day 1 |

SATURDAY, SEPTEMBER 14TH, 2019 - MORNING

| | |
|--------------------------|---|
| 08.30 a.m. 09.00 a.m. | <i>Registration</i> |
| 09.00 a.m. 09.15 a.m. | <i>Summary of Day 1 and Opening of Day 2</i> W. C. Chua (Singapore) |

SESSION V - UPDATES ON MEDICAL ETHICS AND MEDICAL LAW II

| | |
|--------------------------|--|
| Chairpersons: | J. Adams (United Kingdom) Y. C. Goh (Singapore) |
| 09.15 a.m. 09.40 a.m. | M. Narayan (USA) Ethical Issues in Trauma and Acute Care Surgery |
| 09.40 a.m. 10.05 a.m. | J. Adams (United Kingdom) Informed Consent: The UK Experience |
| 10.05 a.m. 10.30 a.m. | K. Ho (Singapore) Refresh of the Modified Montgomery Test |
| 10.30 a.m. 10.45 a.m. | Q&A |
| 10.45 a.m. 11.10 a.m. | <i>Teabreak</i> |

SESSION VI - UPDATES ON PAIN MANAGEMENT IN SURGERY

| | |
|--------------------------|---|
| Chairpersons: | V. G. Shelat (Singapore) J. French (Australia) |
| 11.10 a.m. 11.35 a.m. | S. Coaccioli (Italy) The Efficacy of Combination Pain Relief Medication in Post-Operative Pain Management |
| 11.35 a.m. 12.00 a.m. | B. Moore (Australia) Affirmative Action: Australian Initiatives in Opioid Rationalisation |
| 12.00 a.m. 12.25 p.m. | C. S. Yoong (Singapore) Strategies on the Prevention and Management of Chronic Post-Operative Pain |
| 12.25 p.m. 12.40 p.m. | Q&A |
| 12.40 p.m. 01.30 p.m. | <i>Lunch</i> |

SATURDAY, SEPTEMBER 14TH, 2019 - AFTERNOON

SESSION VII - CONTINUING MEDICAL EDUCATION AND TRAINING

| | |
|--------------------------|--|
| Chairpersons: | H. H. Kim (South Korea) M. O. Aung (Singapore) |
| 01.30 p.m. 01.55 p.m. | P. Prathanvanich (Thailand) The Evolution of Minimally Invasive Surgery Training |
| 01.55 p.m. 02.20 p.m. | J. French (Australia) Challenges in Learning New Techniques of Surgery for Senior Surgeons |
| 02.20 p.m. 02.45 p.m. | A. Kamarulzaman (Malaysia) Management of Workplace Bullying in the Hospital |
| 02.45 p.m. 03.00 p.m. | Q&A |
| 03.00 p.m. 03.25 p.m. | <i>Teabreak</i> |

SESSION VIII - THE FUTURE OF MEDICINE

| | |
|--------------------------|--|
| Chairpersons: | A. Imaizumi (Japan) B. Lim (Singapore) |
| 03.25 p.m. 03.50 p.m. | S. Homer-Vanniasinkam (United Kingdom) Artificial Intelligence in Medicine |
| 03.50 p.m. 04.15 p.m. | P. Raj Jeyaraj (Singapore) The Future of Organ Transplantation |
| 04.15 p.m. 04.40 p.m. | J. Chia (Singapore) Current Revolution in Cancer Immunotherapy |
| 04.40 p.m. 04.55 p.m. | Q&A |
| 04.55 p.m. 05.15 p.m. | Closing Addresss and Presentation of Certificates |

FACULTY LIST

John Adams

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Leeds, United Kingdom

John Chia

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Singapore

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Stefano Coaccioli

University of Perugia
Perugia, Italy

Koh Kwong Fah

Khoo Teck Puat Hospital
Singapore

James French

Westmead Breast Cancer Institute
Sydney, Australia

Kevin Ho

Partner, Braddell Brothers LLP
Singapore

Tan Yeh Hong

President (2019-2021)
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Atsushi Imaizumi

Okinawa Chubu Hospital
Okinawa, Japan

Chin Jing Jih

Chairman Medical Board
Tan Tock Seng Hospital
Singapore

Ti Lian Kah

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Adeeba Kamarulzaman

Malaya University
Kuala Lumpur, Malaysia

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Vice Chairman
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Reconstructive and Aesthetic Surgeons
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Wong Chiang Yin

Singapore Medical Association
Singapore

Prema Raj Jeyaraj

Singapore General Hospital,
Singapore

GENERAL INFORMATION

MEETING VENUE

The venue for the Meeting will be “**CARLTON HOTEL**”, 76 Bras Basah Road, Singapore, 189558, SG, www.Carltonhotel.sg

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:
Friday, 13th September 2019, from 08.00 a.m. to 05.30 p.m.
Saturday, 14th September 2019, from 08.00 a.m. to 05.30 p.m.

OFFICIAL LANGUAGE

The official language of the Meeting will be English.

REGISTRATION

The Meeting is free to attend. Please confirm the participation to the Organizing Secretariat

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections. A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts. The center will be open at the following times:
Friday, 13th September 2019, from 08.00 a.m. to 05.30 p.m.
Saturday, 14th September 2019, from 08.00 a.m. to 05.30 p.m.

LUNCHES AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.

ABSTRACTS BOOK

Participants will receive the Abstract book at the Meeting.



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