

WORKSHOP ON :

**& DIFFERENCES  
& SIMILARITIES**

*in Hypertension  
& guidelines*

ORGANIZED BY:



FONDAZIONE  
INTERNAZIONALE  
MENARINI



*Fiesole, Italy*

**February 15<sup>th</sup>-16<sup>th</sup>, 2019**

AUDITORIUM FONDAZIONE  
INTERNAZIONALE MENARINI



# PRELIMINARY PROGRAM

## FRIDAY, FEBRUARY 15<sup>TH</sup>, 2019

01.00 p.m. / 01.30 p.m.	<b>WELCOME LUNCH</b>
01.30 p.m. / 02.30 p.m.	<b>WELCOME (E. Agabiti Rosei, G. Mancia, K. Tsioufis)</b>

02.30 p.m. 04.30 p.m.	<b>EPIDEMIOLOGY OF HYPERTENSION AND RELATED DISEASES IN DIFFERENT AREAS OF THE WORLD</b>
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Chairmen:	<b>E. Agabiti Rosei, K. Tsioufis</b>
	<b>P. Lopez Jaramillo, J. Redon, M. Weber, J. Wang, M. Schlaich</b>
	Discussion: <b>All</b>
04.30 p.m. / 05.00 p.m.	<i>Coffee break</i>

05.00 p.m. 06.30 p.m.	<b>DEFINITION OF HYPERTENSION: WHY DIFFERENCES IN DIFFERENT GUIDELINES?</b>
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Chairmen:	<b>G. Mancia, T. Unger</b>
	<b>P. Whelton, B. Williams, Y. Zhang, M. Schlaich, A. Ramirez</b>
	Discussion: <b>All</b>
06.30 p.m. / 08.00 p.m.	<b>DEBATE</b>

## SATURDAY, FEBRUARY 16<sup>TH</sup>, 2019

09.00 a.m. 10.30 a.m.	<b>HOW TO MEASURE BLOOD PRESSURE</b>
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Chairmen:	<b>J. Redon, T. Kahan</b>
09.00 a.m. / 09.20 a.m.	<b>G. Mancia</b> - The role of out of office BP measurement
09.20 a.m. / 09.40 a.m.	<b>P. Whelton</b> - Unattended BP measurement
09.40 a.m. / 10.00 a.m.	<b>A. Ramirez</b> - Other methods
10.00 a.m. / 10.30 a.m.	Discussion: <b>All</b>
10.30 a.m. / 11.00 a.m.	<i>Coffee break</i>

## SATURDAY, FEBRUARY 16<sup>TH</sup>, 2019

11.00 a.m.  
12.30 p.m.

### GLOBAL CV RISK AND HMOD

Chairmen:	<b>A. Ramirez, J. Wang</b>
11.00 a.m. / 11.20 a.m.	<b>B. Williams</b> - Global CV risk, how to assess
11.20 a.m. / 12.00 p.m.	<b>E. Agabiti Rosei</b> (heart and arteries), <b>J. Redon</b> (kidney and brain) How and when to assess early HMOD
12.00 p.m. / 12.30 p.m.	Discussion: <b>All</b>
12.30 p.m. / 01.30 p.m.	<i>Lunch</i>

01.30 p.m.  
03.30 p.m.

### THRESHOLDS AND TARGETS OF TREATMENT: INDICATIONS OF DIFFERENT GUIDELINES IN DIFFERENT SUBGROUPS

Chairmen:	<b>M. Weber, Y. Zhang</b>
01.30 p.m. / 01.45 p.m.	<b>G. Mancia</b> - White coat hypertension and masked hypertension
01.45 p.m. / 02.00 p.m.	<b>P. Whelton</b> - Elderly
02.00 p.m. / 02.15 p.m.	<b>P. Lopez Jaramillo</b> - Diabetes
02.15 p.m. / 02.30 p.m.	<b>Y. Zhang</b> and <b>J. Wang</b> - Stroke (primary and secondary prevention)
02.30 p.m. / 02.45 p.m.	<b>M. Schlaich</b> - Cardiac diseases
02.45 p.m. / 03.00 p.m.	<b>E. Lurbe</b> - Children and young
03.00 p.m. / 03.30 p.m.	Discussion: <b>All</b>
03.30 p.m. / 04.00 p.m.	<i>Coffee break</i>

04.00 p.m.  
05.45 p.m.

### TREATMENT STRATEGIES

Chairmen:	<b>E. Agabiti-Rosei, K. Tsioufis</b>
04.00 p.m. / 04.20 p.m.	<b>K. Tsioufis</b> - Initial combination treatment <i>Are differences among or within each class of antihypertensive drugs?</i>
04.20 p.m. / 04.40 p.m.	<b>C. Borghi</b> - Diuretics
04.40 p.m. / 05.00 p.m.	<b>M. Weber</b> - Betablockers
05.00 p.m. / 05.20 p.m.	<b>T. Kahan</b> - Calcium channel blockers
05.20 p.m. / 05.40 p.m.	<b>T. Unger</b> - RAS blockers
05.40 p.m. / 05.45 p.m.	<b>CLOSING REMARKS</b>

## GENERAL INFORMATION

### MEETING VENUE

Auditorium Fondazione Internazionale Menarini

### PRESIDENT OF THE MEETING

#### ENRICO AGABITI ROSEI

Professor Emeritus of Internal Medicine University of Brescia  
Former Director Clinica Medica Generale Department of Clinical and Experimental  
Sciences University of Brescia and Chairman Department  
of Medicine Azienda Spedali Civili di Brescia

### ORGANIZED BY

#### Fondazione Internazionale Menarini

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### OFFICIAL LANGUAGE

The official language of the Meeting will be English.

### COFFEE BREAKS

Coffee breaks will be served in the meeting area.

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*in Hypertension*  
*& guidelines*

## FACULTY LIST

### **Enrico Agabiti Rosei**

(Clinica Medica, University of Brescia  
Brescia, Italy)

### **Claudio Borghi**

(University Of Bologna  
Bologna, Italy)

### **Thomas Kahan**

(Karolinska Institutet  
Stockolm, Sweden)

### **Patricio Lopez-Jaramillo**

(Fundación Oftalmológica de Santander  
FOSCAL - FOSCAL Internacional  
Bucamaranga Colombia)

### **Empar Lurbe**

(Consortio Hospital  
General Universitario  
University of Valencia  
Valencia, Spain)

### **Giuseppe Mancia**

(University of Milano-Bicocca  
Milan, Italy)

### **Agustin Ramirez**

(University Hospital  
Fundación Favaloro  
Buenos Aires, Argentina)

### **Josep Redon**

(Hospital Clinico, University of Valencia  
Valencia, Spain)

### **Markus Schlaich**

(Royal Perth Hospital  
Perth, Australia)

### **Costas Tsioufis**

(First Cardiology Clinic  
Medical School  
Hippokration Hospital  
Athens, Greece)

### **Thomas Unger**

(CARIM, Maastricht University  
Maastricht, The Netherlands)

### **Jiguan Wang**

(The Shanghai Institute of Hypertension  
Ruijin Hospital Shanghai Jiaotong  
University School of Medicine  
Shanghai, China)

### **Michael Weber**

(State University of New York  
Downstate College of Medicine, Brooklyn  
New York, US)

### **Paul Whelton**

(Tulane University School of Public  
Health and Tropical Medicine  
New Orleans, US)

### **Bryan Williams**

(University College London Director  
| NIHR University College London  
Hospitals Biomedical Research Centre  
Leicester, UK)

### **Yuking Zhang**

(Fuwai Hospital Chinese Academy  
of Medical Science  
Beijing, China)



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