



FONDAZIONE  
INTERNAZIONALE  
MENARINI



International Pre-Symposium at  
**XVI LASH and V SCCH**

**Strategies to Reduce Premature  
Cardiovascular Morbidity and Mortality**

**Cartagena de Indias, COLOMBIA  
October 24<sup>th</sup>, 2018**

Congress Venue: Hotel Estelar Cartagena de Indias



Organized by:

LASH

Sociedad Latino Americana de Hipertension Arterial

SCCH

Sociedad Centroamericana y del Caribe  
de Hipertension Arterial y Prevencion Cardiovascular

and

Fondazione Internazionale Menarini

PROGRAMME





## Introduction

*Scientific knowledge is continuously evolving and advances in basic biology and clinical medical research determine a new approach to the patient regarding diagnostic procedures, clinical evaluation, and treatment. In cardiovascular medicine, specially, these advances change physician's attitudes around every five years. Therefore, Scientific Societies and their panels of experts have the task of translating the results of research into clinical practice as soon as possible to avoid clinical inertia. In the field of hypertension and cardiovascular risk, new guidelines are required every 3 to 5 years in order to update different aspects: cut-off points to define hypertension or hypercholesterolemia, new emerging cardiovascular risk factors and the prognostic value of risk stratification, diagnostic procedures to evaluate organ damage, and target blood pressure or cholesterol values to be achieved by treatment among others. The aim of these educational activities is to provide new evidence on the prevention of cardiovascular morbidity and mortality by treatment of our patients.*

*The main objective of the International Pre-Symposium at the 16th LASH and 5th SCCH meeting "Strategies to Reduce Premature Cardiovascular Morbidity and Mortality" is to discuss the most recent advances in cardiovascular medicine. During the sessions the Faculty will present and discuss the recommendations of the 2018 new European Guidelines on Hypertension, particularly the changes in antihypertensive treatment strategies based on the best available scientific evidence, and how may be implemented in clinical practice by general practitioners or specialists involved in the detection, evaluation, diagnosis, treatment and follow-up of patients with hypertension and other cardiovascular risk factors. In addition, several sessions will face how to manage hypertension in high risk patients such as patients with diabetes, the specific problems of hypertension in the elderly, treatment in patients with stroke, with ischemic heart disease, heart failure, and hypertension in chronic kidney disease.*

*To achieve all these goals, an international faculty of cardiologists, internists, nephrologists, endocrinologists, basic scientists and specialists in hypertension and cardiovascular medicine from several countries around Europe, Latin America, and the USA will review the importance of strict blood pressure control in the prevention of cardiovascular morbidity and mortality, how far should BP be lowered depending of the associated risk factors or comorbidities, and how to achieve these targets with the new antihypertensive treatment strategies recommended in the 2018 European guidelines. The venue will be hold at the Hotel Estelar Cartagena de Indias, Colombia.*

**Prof. Antonio Coca**  
**Prof. Sabino Iliceto**  
**Prof. Bijoy Khandheria**

**Prof. Virgil Carballo**  
**Prof. Adalberto Quintero Baiz**

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and  
Fondazione Internazionale Menarini

**Prof. Virgil Carballo (Cartagena de Indias, CO)**  
**Prof. Adalberto Quintero Baiz (Barranquilla, CO)**

**Prof. Antonio Coca (Barcelona, ES)**  
**Prof. Sabino Iliceto (Padua, IT)**  
**Prof. Bijoy Khandheria (Milwaukee, WI, US)**



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Organized by

Local  
Co-Presidents

Co-Presidents  
of the meeting

Endorsed by

Organizing  
Secretariat





WEDNESDAY

October 24<sup>th</sup>

### Welcome Addresses

**A. Coca, Universidad de Barcelona, ES**

### Authorities

**F. Manzur Jattin, Universidad de Cartagena, CO**

**G. Triccò, Italian Embassy of Bogotá, CO**

## SESSION I

### ESC/ESH 2018 HYPERTENSION AND CARDIOVASCULAR DISEASE

**Chairman: D. I. Molina de Salazar (Caldas, CO)**

**08.00 a.m. B. Khandheria (Milwaukee, WI, US)**

The global burden of cardiovascular disease: the epidemiological transition in cardiovascular risk factors

**08.30 a.m. G. Mancina (Milan, IT)**

Hypertension guidelines: treatment goals to reduce cardiovascular morbidity and mortality

**09.00 a.m. D. I. Molina de Salazar (Caldas, CO)**

Cardiovascular risk reduction by promoting lifestyle modifications

**09.30 a.m. A. Coca (Barcelona, ES)**

Combination therapy in the ESC/ESH 2018 hypertension guidelines

**10.00 a.m. S. Iliceto (Padua, IT)**

Cardiac Magnetic Resonance in the evaluation of myocardial diseases

**10.30 a.m. Coffee break**

## SESSION II

### HYPERTENSION IN HIGH RISK PATIENTS

**Chairman: R. Sanchez (Buenos Aires, AR)**

**11.00 a.m. J. Redón (Valencia, ES)**

Renal impairment and cardiovascular disease

**11.30 a.m. J. P. López Jaramillo (Bucaramanga, CO)**

Diabetes and cardiovascular disease

**12.00 p.m. A. Ramírez (Buenos Aires, AR)**

Ischemic and hemorrhagic stroke

**12.30 p.m. E. Agabiti Rosei (Brescia, IT)**

Hypertension in the elderly and cognitive decline

**01.00 p.m. B. Khandheria (Milwaukee, WI, US)**

Guidelines for echocardiography in hypertension: case studies

**01.30 p.m. Buffet lunch**

WEDNESDAY

October 24<sup>th</sup>



WEDNESDAY

October 24<sup>th</sup>

**SESSION III  
HYPERTENSION AND ISCHEMIC HEART DISEASE**

**Chairman: E. Barbosa (Porto Alegre, BR)**

- 02.30 p.m. L. Alcocer (México City, MX)**  
Guidelines for the diagnosis and management of patients with stable ischemic heart disease
- 03.00 p.m. O. Valdez (La Romana, DOM)**  
Management of patients with stable angina
- 03.30 p.m. E. Melgarejo (Bogotá, CO)**  
The biological role of the vascular wall:  
from cardio-vascular to vascular tissue damage
- 04.00 p.m. Coffee break**

**SESSION IV  
HYPERTENSION AND HEART FAILURE**

**Chairman: A. Coca (Barcelona, ES)**

- 04.30 p.m. F. Wyss (Guatemala City, GT)**  
Guidelines for management of patients with heart failure
- 05.00 p.m. J. J. Lara Teran (Guayaquil, EC)**  
Heart failure treatment
- 05.30 p.m. G. Mancia (Milan, IT)**  
The challenge: how to improve adherence and persistence with antihypertensive treatment
- 06.00 p.m. Discussion**
- 06.30 p.m. End of the meeting**

WEDNESDAY

October 24<sup>th</sup>



## Faculty List

### **Enrico AGABITI ROSEI**

Department of Clinical and Experimental Sciences  
University of Brescia  
Brescia, IT

### **Luis ALCOCER**

Instituto Mexicano de Salud Cardiovascular  
Interamerican Society of Hypertension  
Mexico City, MX

### **Eduardo BARBOSA**

Hospital Moinhos de Vento  
Porto Alegre, BR

### **Virgil CARBALLO**

Internal Medicine  
University Cartagena  
Cartagena de Indias, CO

### **Antonio COCA**

Hypertension & Vascular Risk Unit  
Hospital Clinic, University of Barcelona  
Barcelona, ES

### **Sabino ILICETO**

Division of Cardiology  
Department of Cardiac, Thoracic and Vascular Sciences  
University of Padua  
Padua, IT

### **Bijoy KHANDHERIA**

University of Wisconsin School of Medicine  
Echocardiography Services  
Global Health and Executive Program Aurora Health Care  
Milwaukee, WI, US

### **Joffre Jose LARA TERAN**

Universidad del Espiritu Santo Guayaquil  
Guayaquil, EC

### **Jose Patricio LOPEZ JARAMILLO**

Research Institute and Clinic of Metabolic Syndrome and Diabetes  
Fundacion Oftalmologica de Santander  
Clinical FOSCAL International  
Bucaramanga, CO

### **Giuseppe MANCIA**

Department of Health Sciences  
University of Milano-Bicocca  
Milan, IT

### **Osiris VALDEZ**

Fundación Dominicana de Cardiología  
La Romana, DOM

### **Enrique MELGAREJO**

Colombian Society of Cardiology  
Nueva Granada University  
Bogota, CO

### **Dora Ines MOLINA de SALAZAR**

Caldas University  
Caldas, CO

### **Adalberto QUINTERO BAIZ**

Sociedad Colombiana de Cardiología Y Cirugía Cardiovascular  
Baraquilla, CO

### **Agustin RAMIREZ**

Hypertension and Metabolic Unit  
Favaloro Foundation  
Buenos Aires, AR

### **Josep REDON**

University of Valencia  
Incliva Research Institute Valencia  
Valencia, ES

### **Ramiro SANCHEZ**

Hypertension and Metabolic Unit  
Favaloro Foundation  
Buenos Aires, AR

### **Fernando Stuardo WYSS**

Cardiology Unit  
Cardiosolutions S.A.  
Guatemala City, GT

## Faculty List





**Meeting Venue**

The venue for the Meeting will be:  
Hotel Estelar Cartagena de Indias  
Cra 1 No 11-116, Cartagena, Colombia

**Secretariat  
during the  
Meeting**

The Secretariat will be open at the following times:  
Wednesday, October 24<sup>th</sup>, from 07.00 a.m. to 06.30 p.m.

**Official Language**

The official language of the Meeting will be English.  
Simultaneous translation service in Spanish will be provided.

**Registration**

The Meeting is free to attend.  
For any question and support please contact the  
Organizing Secretariat TARGET MOTIVATION Srl  
(Phone: + 39 041 2392670 - Fax: +39 041 2392600  
congress@targetmotivation.it - cartagena2018@targetmotivation.it)

**Certificates of  
attendance**

Certificates of attendance will be issued at the registration desk  
following full attendance of the Meeting.

**Technical  
facilities**

Facilities will be available for computer presentations and overhead  
projections. A business center with PC (Powerpoint for Windows)  
will be available for check and preview of presentations.  
It is essential that speakers take their presentation to the business  
center at least one hour before the session starts.  
The center will be open at the following times:  
Wednesday, October 24<sup>th</sup>, from 07.00 a.m. to 06.30 p.m.

**Lunch and  
Coffee Breaks**

Lunch and Coffee Breaks will be free of charge and served at the  
Meeting area.

**Notes**

Fondazione Internazionale Menarini  
Symposia n. 404