

Under the
Auspices of:



Croatian Academy
of Arts and Science

Endorsed by:



European Society
of Hypertension



Croatian Society
of Hypertension

International Symposium on:

AGE AND GENDER FACTORS IN HYPERTENSION

PROMOTED BY



FONDAZIONE
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MENARINI



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**Official pre-congress symposium
of the 27th European Meeting on Hypertension and Cardiovascular Protection**



**21st | 22nd
April, 2017**

Dubrovnik
Croatia

Organized by:

Croatian Society of Hypertension
University of Zagreb School of Medicine

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ORGANIZED BY: Croatian Society of Hypertension
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CONTATTO & ARCHIMEDITA

21st APRIL

PROGRAMME

- 02.00 p.m. Welcome addresses
B. Jelaković (Zagreb, HR), **G. Grassi** (Milan, I)
- 02.30 p.m. *Main Lectures*
E. Agabiti Rosei (Brescia, I)
Hypertension in the elderly: the ESH/ESC Guidelines position
- 03.15 p.m. Discussion
- 04.00 p.m. **G. Mancia** (Milan, I)
Reappraisal of the European guidelines
- 04.45 p.m. Discussion
- 05.00 p.m. Coffee Break

Session I – Pathophysiological aspects

Chairpersons: **G. Grassi** (Milan, I), **S. Julius** (Ann Harbor, USA),
M. Laganović (Zagreb, HR)

- 05.30 p.m. **J. Redon** (Valencia, ES)
Hypertension and genders: similarities and differences
- 05.45 p.m. **G. Grassi** (Milan, I)
Blood pressure regulation and gender in hypertension
- 06.00 p.m. **C. Borghi** (Bologna, I)
Uric Acid, age and gender
- 06.15 p.m. **S. Stabouli** (Thessaloniki, GR)
Arterial stiffness in children and adolescents
- 06.30 p.m. **D. Clement** (Ghent, BE)
Salt intake and hypertension: where are we?
- 06.45 p.m. **P. Nilsson** (Malmö, SE)
Telomeres and life span
- 07.00 p.m. Discussion

Session II – Debate

Chairperson: **G. Mancia** (Milan, I)

07.15 p.m. **S. Kjeldsen** (Oslo, NO)

A case for less intensive BP Control in the elderly:
it matters to achieve target blood pressure early
and sustained below 140/90 mmHg

07.30 p.m. **P. Palatini** (Padua, I)

Maybe more aggressive treatment targets
in the young hypertensive patients – should we “normalize”
their blood pressure such as recommended
in the earlier hypertension guidelines?

07.45 p.m. **S. Kjeldsen** (Oslo, NO)

Summary elderly - potential difference compared
to young people

08.00 p.m. **P. Palatini** (Padua, I)

Summary young people – potential difference compared to elderly

08.15 p.m. Discussion

Closing remarks of the day

B. Jelaković (Zagreb, HR)

22nd APRIL

PROGRAMME

Session III – Hypertension in the elderly: clinical aspects

Chairpersons: **A. Coca** (Barcelona, ES), **D. Miličić**, (Zagreb, HR),
D. Lović (Nis, SRB)

- 09.00 a.m. **D. Lović** (Nis, SRB)
Isolated systolic hypertension
- 09.15 a.m. **A. Coca** (Barcelona, ES)
Brain and aging
- 09.30 a.m. **D. Miličić** (Zagreb, HR)
Target organ damage - heart failure
- 09.45 a.m. **R. Pontremoli** (Genova, I)
Does J-curve exist in chronic kidney disease?
- 10.00 a.m. **B. Jelaković** (Zagreb, HR)
Kidney function and aging
- 10.15 a.m. Discussion
- 10.30 a.m. Coffee Break

Session IV – Hypertension in women: clinical aspects

Chairpersons: **A. Zanchetti** (Milan, I), **J. Brguljan** (Ljubljana, SLO)
C. Farsang (Budapest, HU)

- 11.00 a.m. **J. Brguljan** (Ljubljana, SLO)
Menopause and hypertension
- 11.15 a.m. **M. Muiesan** (Milan, I)
Target organ damage
- 11.30 a.m. **C. Farsang** (Budapest, HU)
Does aging affect hypertension/gender relationships?
- 11.45 a.m. **M. Dorobantu** (Bucarest, RO)
Hypertension and ischaemic heart disease in women

- 12.00 p.m. Discussion
- 12.15 p.m. **A. Zanchetti** (Milan, I)
Contribution by recent meta-analyses to guidelines reappraisal
- 01.00 p.m. Lunch

Session V – Special Issues

Chairpersons: **S. Laurent** (Paris, FR), **V. Kotsis** (Thessaloniki, GR),
A. J. Manolis (Athens, GR)

- 01.30 p.m. **S. Julius** (Ann Harbor, USA)
Hypertension in young and old ages: similarities and differences
- 01.50 p.m. **A. J. Manolis** (Athens, GR)
Atrial fibrillation, age and gender
- 02.05 p.m. **M. Laganović** (Zagreb, HR)
Low birth weight and early vascular aging
- 02.20 p.m. **S. Laurent** (Paris, FR)
Central blood pressure, age and gender
- 02.35 p.m. **V. Kostis** (Thessaloniki, GR)
Obesity and early vascular aging
- 02.50 p.m. **M. Dumas** (Thessaloniki, GR)
Sexual function, aging and cardiovascular risk
- 03.05 p.m. Discussion
- 03.30 p.m. Coffee Break

22nd APRIL

PROGRAMME

Session VI – Therapeutic aspects

Chairpersons: **R. Cifkova** (Prague, CZ), **D. Počanić** (Zagreb, HR),
C. Tsioufus (Athens, GR)

03.45 p.m. **D. Počanić** (Zagreb, HR)
Hypertension in the elderly: which drug(s)

04.00 p.m. **R. Cifkova** (Prague, CZ)
Hypertension in women: which drug(s)

04.15 p.m. **M. Burnier** (Lausanne, CH)
How to improve blood pressure control in the elderly

04.30 p.m. **C. Tsioufus** (Athens, GR)
How to improve blood pressure control in women

04.45 p.m. **A. Pittaras** (Athens, GR)
Life style changes - focus on physical activity

05.00 p.m. **E. Lurbe** (Valencia, ES)
Guidelines on treatment of hypertension
in children and adolescents

05.15 p.m. Discussion

05.30 p.m. **B. Jelaković** (Zagreb, HR), **G. Grassi** (Milan, I)
Concluding Remarks

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GENERAL INFORMATION

Meeting venue

Grand Villa Argentina Hotel
Ul. Frana Supila 14, 20000, Dubrovnik, Croatia

Registration hours

The Registration Desk will be open during the following hours:

Friday 21st April 2017: 01.00 p.m. to 08.15 p.m.

Saturday 22nd April 2017: 08.00 a.m. to 06.00 p.m.

Official language

English. Simultaneous translation will not be provided.

Registrations

Registration is free of charge.

Please confirm the participation to the Organizing Secretariat by 15th April:
Contatto S.r.l.

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European CME Accreditation

The event has been accredited by the European Board
for Accreditation in Cardiology (EBAC) for 11 European CME Credits.

Technical facilities

A Slide Centre with PCs (Windows and Macintosh operating systems)
will be available for Speakers to preview and finalize their presentations.
Speakers are kindly requested to submit their presentations
on USB flash drive, CD or DVD to the Slide Centre technicians
at least one hour before their talks.

Slide Centre opening hours

Friday 21st April 2017: 01.00 p.m. to 08.15 p.m.

Saturday 22nd April 2017: 08.00 a.m. to 06.00 p.m.

Lunches and coffee breaks

Lunches and coffee breaks will be served in the restaurant,
of weather permitting, outside on the terrace.

Attendance certificate

The attendance certificate will be issued at the accreditation/registration desk
following full attendance at the Conference.

Abstract book

Participants will receive the Abstract book at the Meeting.

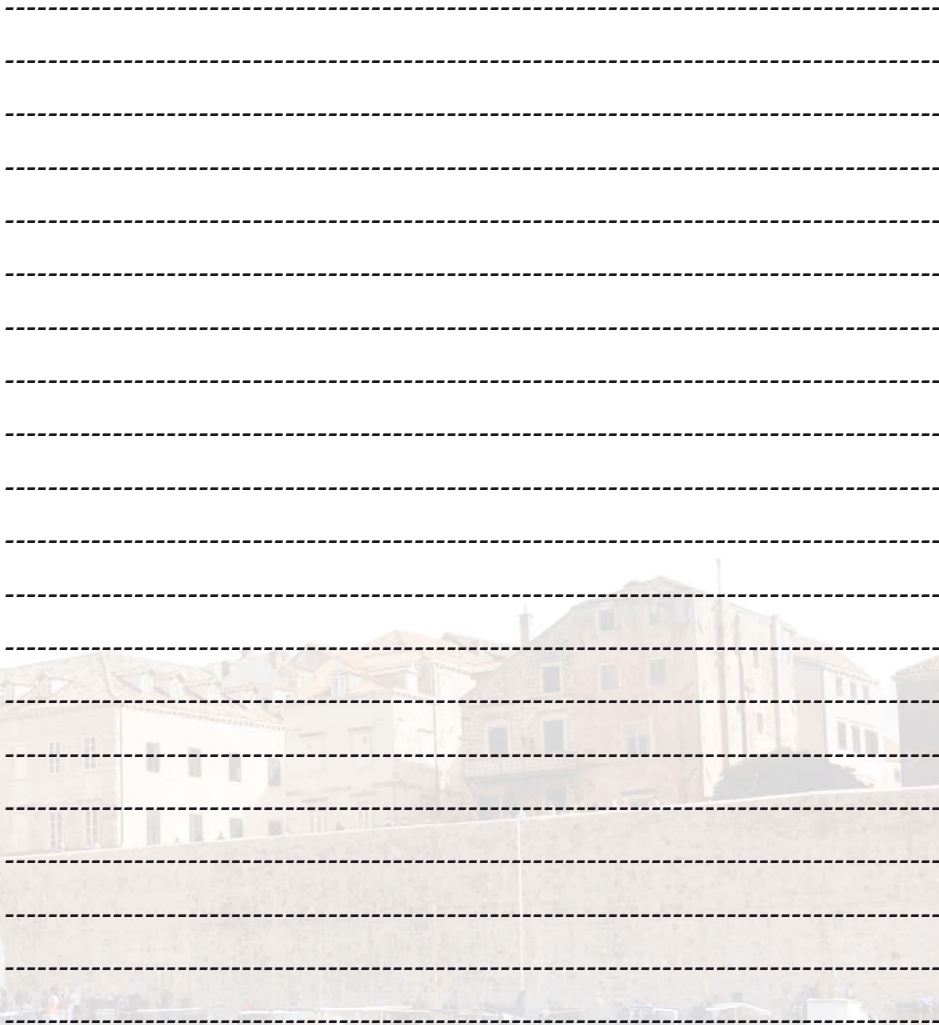


NOTES

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NOTES



A series of horizontal dashed lines for writing notes, overlaid on a background image of a coastal town with buildings and a harbor.

