



CONGRESS VENUE ||

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INTERNATIONAL SYMPOSIUM ON CARDIOVASCULAR RISK

at the XXXIII National Congress
of the Italian Society of Hypertension

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FONDAZIONE
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FLORENCE
OCTOBER 8/9, 2016
PALAZZO DEI CONGRESSI

WELCOME LETTER

The Congress of the Italian Society of Hypertension will be enriched in 2016 with a major international event. For the first time Italian arterial hypertension specialists will join specialists of the National Hypertension Societies of Slovenia, Croatia and Greece in the discussion of the latest scientific and clinical issues resulting from recent progress in research. The program of this special international symposium, supported with an unrestricted grant by Fondazione Menarini, includes important topics such as the need to re-think hypertension management in light of recent meta-analyses and of the most recent trials. In this context the meeting will anticipate the contents of an incoming position paper of the European Society of Hypertension, with a "reappraisal" of the latest ESH / ESC hypertension Guidelines published in 2013. During the symposium there will also be a session highlighting recent progress on home self-measurement of blood pressure, while other sessions will address some of the "hot" issues being currently discussed in cardiovascular medicine, such as the role of uric acid in cardiovascular risk assessment, the cardiovascular effects of obstructive sleep-apnea, the clinical significance of an increase in the rigidity of the large arterial vessels, the complex link between erectile dysfunction and impaired endothelial function, the management of arterial hypertension in the elderly and very elderly patient, and finally the management of hypertensive individuals suffering from major comorbidities such as diabetes mellitus and renal failure. The discussion of these issues in the prestigious frame of an international symposium will offer participants a unique opportunity for an in-depth update on the currently debated new perspectives in the management of high blood pressure and in the reduction of the associated cardiovascular risk.

GIANFRANCO PARATI
President of the Italian Society
of Hypertension

PROGRAMME

|| SATURDAY 8 OCTOBER

Chairs: J. Brguljan (Slovenia)
B. Jelakovich (Croatia)
G. Parati (Italy)
G. Stergiou (Greece)

15.30-18.00

Re-thinking arterial hypertension. 2017 Reappraisal of ESH/ESC Hypertension Guidelines

Chairs: G. Parati (Italy)
G. Stergiou (Greece)

15.30 Contribution by recent meta-analyses
A. Zanchetti (Italy)

16.00 Comparison among recommendations
issued by last US, Canadian, British
and European Guidelines
A. Manolis (Greece)

16.30 ESH consensus document on heart
rate in hypertension
P. Palatini (Italy)

17.00 The impact of ACCORD, SPRINT
and HOPE-3 trials
E. Agabiti Rosei (Italy)

17.30 Reappraisal of ESH/ESC
hypertension guidelines
G. Mancia (Italy)

18.00 Discussion

|| SUNDAY 9 OCTOBER

08.30-11.00

Blood pressure measurement: what is new?

Chairs: B. Jelakovich (Croatia)
P. Palatini (Italy)

08.30 New perspective in HOME BPM
G. Stergiou (Greece)

09.00 Central BP Monitoring
C. Vlachopoulos (Greece)

09.30 BP Variability in clinical practice
G. Parati (Italy)

10.00 How to optimize office BP monitoring
G. Bilo (Italy)

10.30 Discussion

11.15-13.30

Serum uric acid and cardiovascular disease

Chairs: F. Veglio (Italy)
M. Volpe (Italy)

11.15 Uric acid, inflammation
and atherosclerosis
B. Jelakovich (Croatia)

11.45 Uric acid levels
in a general population
G. Grassi (Italy)

12.15 Uric acid and cardiovascular events
C. Borghi (Italy)

12.45 Effect of reduction of uric acid
on cardiovascular risk
G. Desideri (Italy)

13.15 Discussion

13.30 LUNCH

14.30-17.00

Hot topics in cardiovascular risk assessment

Chairs: V. Kotsis (Greece)
M.L. Muesan (Italy)

14.30 Obstructive sleep apnea
K. Tsioufis (Greece)

15.00 Increased arterial stiffness
G. Schillaci (Italy)

15.30 Endothelial and erectile dysfunction
J. Brguljan (Slovenia)

16.00 Hypertension in the elderly
and frail elderly
C. Ferri (Italy)

16.30 Management of hypertensive patients
with diabetes and CKD
R. Pontremoli (Italy)

17.00 Discussion

17.15 Closing Remarks

