



FONDAZIONE
INTERNAZIONALE
MENARINI

FUNCTIONAL GASTROINTESTINAL DISORDERS: A FOCUS ON ALL FIELDS OF MEDICINE

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July 5th- 6th, 2019, The Longemont Hotel Shanghai No. 1116, Yan'an West Road, Shanghai

Shanghai, 6th July 2019 - *« We think that functional gastrointestinal disorders are important not only for gastroenterologists but also for a lot of specialists in other fields of medicine, including internal medicine, rheumatology and psychiatry. You know that at the center of a lot of diseases there is intestinal microbiota, which apparently is able to influence a lot of different diseases, out of GI tract».*

This is the message that professor Francesco Di Mario - from University of Parma, Department of Medicine and Surgery - one of the president of **International Symposium on Functional Gastrointestinal Disorders**, sent from Shanghai, where the meeting was held on July 5th- 6th. The symposium was organized also by University of Medicine and Pharmacy Iuliu Hatieganu (Cluj-Napoca – Romania), Department of Gastroenterology, Peking Union Medical College (Beijing - China) and **Fondazione Internazionale Menarini** and was chaired also with Prof. Dan Lucian Dumitrascu, from University of Medicine and Pharmacy Iuliu Hatieganu, and Prof. Xiucai Fang, Professor of Medicine of Department of Gastroenterology Peking Union Medical College Hospital.

More than 200 participants became involved in an event that assembled people from different parts of the World to discuss about gastrointestinal and motility disorders, mostly **related to gut–brain interaction**. They include Irritable Bowel Syndrome (IBS), which affects 30% of the world population, chronic GI pain and chronic constipation, visceral hypersensitivity, altered mucosal and immune function, altered gut microbiota, and altered central nervous system (CNS) processing.

« The prevalence of these pathologies is reported to be between 2% and more than 20%, depending on areas and methodology. Now we are going to finish a study, led by the Rome Foundation and in few months, we'll have reliable data on it. The importance for practitioners is not important number but the conditions», Professor Dumitrascu said, about similarities and differences between populations.

Therefore, the symposium has focused on **diagnosis and treatment, especially on the different analysis on functional and organic diseases**, both from a diagnostic and therapeutic approach. To reach this goal, during the meeting it was presented a real clinical case. Every professional was involved solving it using tablets, digital technology and simulation, to debate together and with speakers.