



FONDAZIONE  
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## CARDIOLOGY IN PRACTICE: THE VALUE OF CLINICAL CASES FOR APPLY KNOWLEDGE

**Fondazione Internazionale Menarini has Co-organized the event in Madrid, a review of significant updates in Cardiology over the last two years.**

September 20<sup>th</sup>- 21<sup>st</sup>, 2019, Madrid, NH Eurobuilding Hotel

Madrid, 21<sup>st</sup> September 2019 – The importance of cardiologist's role to prevent and treat stroke. This relationship was one of main topics of **Cardiology in practice - What to know and how to apply knowledge**, that was held on September 20<sup>th</sup>-21<sup>st</sup>, 2019. The Meeting has been Co-organized by **Fondazione Internazionale Menarini Milan (IT)**, under the auspices of Cardiology Department University Hospital Ramón y Cajal (Madrid), and Cardiology Department University Hospital Sanitas La Zarzuela (Madrid) and **directed by Prof. José L. Zamorano Gomez, Professor of Medicine, University Complutense**, Madrid, with **Prof. Bijoy Khandheria**, cardiologist from Aurora Health in Milwaukee (USA). Two days to share expertise and to highlight improvements achieved in Cardiology.

Madrid has hosted for the second year, first time was in 2017, this **Cardiology State of the Art meeting**, offering a great scenery for workshops, lectures and arduous clinical cases, presented in different modalities.

*«One of the key issues of this event is trying to help the clinical decision making, we had formal lectures but also clinical cases that implemented lectures. Our mission is to help clinicians and all medical community. – Prof. Zamorano Gomez and Prof. Khandheria, Co-President of the meeting said - Every edition we are able to interchange information with cardiologists from all over Europe and South America on new references. We re-emphasize some of the older management issues and continue to bring knowledge, both from speakers prospective and from the audience prospective».*

A gigantic challenge for all the professionals reunited in Spanish capital to debate about Cardiology and draw attention to updates on important subjects, as well as reviewing the most recent published clinical guidelines, such as **management of dyslipidaemias, sudden cardiac death and stroke**. *«It is very important that a cardiologist know all the risk factors for stroke, because knowing the risk factors will allow them to direct the treatment and work on prevention of this very debilitating disease»* Prof. Khandheria added.

*«We need better control of high blood pressure, hypertension and cholesterol and also a healthy lifestyle which includes exercise and Mediterranean diet»* Prof. Khandheria concluded.

Susanna Bonfanti