

**ORGANIZED BY:**  
Clinica Medica Generale  
of University of Brescia

**PROMOTED BY**



**FONDAZIONE  
INTERNAZIONALE  
MENARINI**

**UNDER THE AUSPICES OF**



Società Italiana dell'Ipertensione Arteriosa  
Lege Italiana contro l'Ipertensione Arteriosa

**FONDAZIONE  
CAMILLO GOLGI**



**European  
Society of  
Hypertension**



# ESH UPDATE



**ON HYPERTENSION AND  
CARDIOVASCULAR  
PROTECTION**

**12<sup>TH</sup>-14<sup>TH</sup> JANUARY 2017 - BRESCIA (ITALY)**

## **UNDER THE AUSPICES OF**

**SIIA Società Italiana dell'Iipertensione Arteriosa**  
**FONDAZIONE GOLGI Istituto Bresciano per la Ricerca Biomedica**  
**ESH European Society of Hypertension**  
**Università degli Studi di Brescia**

## **PRESIDENT OF THE MEETING**

**Enrico Agabiti Rosei**

*Director of Clinica Medica Generale of University of Brescia*  
*President of ESH European Society of Hypertension*

## **PROMOTED BY**

**Fondazione Internazionale Menarini**

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## **CME PROVIDER AND ORGANIZING SECRETARIAT**



**AIM Group International - Milan Office**

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Phone: +39 02 566011 - Fax +39 02 70048585

E-mail: cme@aimgroup.eu - Http:\\www.aimgroupinternational.com

# THURSDAY, 12<sup>TH</sup> JANUARY - AFTERNOON

Welcome Ceremony

17:15 Introduction  
E. Agabiti Rosei

Authorities

18:00 Lecture: Genetics of cardiovascular diseases  
A. Dominiczak (Glasgow - UK)

18:30 Lecture: Biological effect of Nitric Oxide  
L. Ignarro (Los Angeles, CA - USA)

# FRIDAY, 13<sup>TH</sup> JANUARY - MORNING

## SESSION I

Chairpersons: E. Agabiti Rosei (Brescia, IT), D. Clement (Ghent, BE)

- 09:00      Introduction  
            E. Agabiti Rosei (Brescia, IT)
- 09:15      Adherence to antihypertensive treatment  
            M. Burnier (Lausanne, CH)
- 09:40      Epidemiology of hypertension and related diseases  
            The use of big data  
            J. Redón (Valencia, ES)
- 10:05      Old and new drugs in hypertension  
            L.M. Ruilope (Madrid, ES)
- 10:30      Coffee Break
- 10:45      Present status and future prospects of blood pressure  
            measurement research  
            G. Mancia (Milan, IT)

## SESSION II

Chairpersons: G. Mancia (Milan, IT), L.M. Ruilope (Madrid, ES)

- 11:15      Hypertension in children and adolescents  
            E. Lurbe (Valencia, ES)
- 11:40      Hypertension in pregnancy  
            R. Cifkova (Prague, CR)
- 12:05      Hypertension and organ damage in women  
            M.L. Muiesan (Brescia, IT)
- 12:30      Lecture: Recent meta-analyses of randomized trials  
            A. Zanchetti (Milan, IT)
- 13:00      Lunch

# FRIDAY, 13<sup>TH</sup> JANUARY - AFTERNOON

## SESSION III

Chairpersons: A. Coca (Barcelona, ES), P. Pauletto (Treviso, IT)

### NEW TECHNOLOGY FOR

- 14:00      BP measurement and control  
              G. Parati (Milan, IT)
- 14:20      Heart structure and function assessment  
              G. de Simone (Naples, IT)
- 14:40      Large arteries and central BP evaluation  
              G. Pucci (Perugia, IT)
- 15:00      Retinal arterioles to address the microcirculation  
              D. Rizzoni (Brescia, IT)
- 15:15      Discussion
- 15:30      Round Table 1  
              Should we change threshold and target blood pressure  
              for antihypertensive treatment?  
              Participants: E. Agabiti Rosei (Brescia, IT)  
                          J. Redón (Valencia, ES)  
                          G. Mancia (Milan, IT)
- 16:30      Coffee break

# FRIDAY, 13<sup>TH</sup> JANUARY - AFTERNOON

## SESSION IV

Chairpersons: M. Castellano (Brescia, IT), P. Van de Borne (Bruxelles, BE)

- 16:50      Uric acid and hypertension  
              C. Borghi (Bologna, IT)
- 17:15      New antidiabetic drugs and the effects on blood  
              pressure  
              K. Narkiewicz (Gdansk, PL)
- 17:40      The SNS in hypertension  
              G. Grassi (Milan, IT)
- 18:05      Hypertension and heart rate  
              P. Palatini (Padua, IT)

# SATURDAY, 14<sup>TH</sup> JANUARY - MORNING

## SESSION V

Chairpersons: E. Agabiti Rosei (Brescia, IT), M. Metra (Brescia, IT)

08:30 Topics wrap up

Update on:

09:00 Hypertension and congestive Heart Failure

T. Kahan (Stockolm, SW)

09:25 Hypertension and coronary artery disease

K. Tsioufis (Athens, GR)

09:50 Hypertension and atrial fibrillation

M. Kallistratos (Athens, GR)

10:15 Hypertension and the Kidney

M. Salvetti (Brescia, IT)

10:40 Coffee Break

# SATURDAY, 14<sup>TH</sup> JANUARY - MORNING

## SESSION VI

Chairpersons: D. Lovic (Nis, SRB), F. Veglio (Torino, IT)

Update on:

- 11:00      **Obesity and Hypertension**  
C. Ferri (L'Aquila, IT)
- 11:25      **Hypertension, the brain and cognitive function**  
A. Coca (Barcelona, ES)
- 11:50      **Clinical trials in China and the collaboration with ESH**  
Y. Zhang (Beijing, CHINA)
- 12:15      **Round Table 2**  
**Residual risk in hypertension: focus on organ damage  
and associated risk factors**  
Participants: E. Agabiti Rosei (Brescia, IT)  
P. Perrone Filardi (Naples, IT)  
P. Pontremoli (Genoa, IT)
- 13:00      **Interactive Discussion**
- 14:50      **CME TEST**



# GENERAL INFORMATION

## MEETING VENUE

On 12<sup>th</sup> January:

Salone Vanvitelliano, Palazzo Loggia, Piazza Loggia 1, 25121 Brescia

On 13<sup>th</sup> -14<sup>th</sup> January:

Aula Magna San Faustino Facoltà di Economia e Management

Università degli Studi di Brescia, Via San Faustino 74/B, 25122 Brescia

## SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Thursday, 12<sup>th</sup> January, from 4.00 p.m. to 8.00 p.m.

Friday, 13<sup>th</sup> January, from 8.00 a.m. to 7.30 p.m.

Saturday, 14<sup>th</sup> January, from 8.00 a.m. to 3.30 p.m.

## OFFICIAL LANGUAGE

The official language of the Meeting will be English.

## REGISTRATION

The Meeting is free to attend.

Please confirm the participation to the Organizing Secretariat:

AIM Group International

Phone: +39 02 56601.1 - Fax: +39 02 70048585

E-mail: [cme@aimgroup.eu](mailto:cme@aimgroup.eu)

within 21<sup>st</sup> December 2016

## TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

## **GENERAL INFORMATION**

### **LUNCHES AND COFFEE BREAKS**

Lunches and coffee breaks will be served in the Meeting area.

### **ABSTRACTS BOOK**

Participants will receive the Abstract book at the Meeting.

### **ECM - EDUCAZIONE CONTINUA IN MEDICINA**

L'evento è inserito nel Piano Formativo anno 2017 AIM Education - Provider nr. 93 ([www.aimeducation.it](http://www.aimeducation.it)) ed è stato accreditato presso la Commissione Nazionale per la Formazione Continua con Obiettivo Formativo Documentazione Clinica. Percorsi clinico-assistenziali diagnostici e riabilitativi, profili di assistenza-profili di cura (3) per la Figura Professionale del Medico Chirurgo con specializzazione in tutte le discipline e per la Figura Professionale del Farmacista con specializzazione nelle seguenti discipline: Farmacia Ospedaliera e Farmacia Territoriale per un numero massimo di 200 partecipanti.

Oltre tale numero e per professioni/discipline differenti da quelle accreditate non sarà possibile rilasciare i crediti formativi.

Si precisa che i crediti verranno erogati a fronte di una partecipazione del 100% ai lavori scientifici e del superamento della prova di apprendimento con almeno il 75% delle risposte corrette.

**L'EVENTO HA OTTENUTO NR. 7 CREDITI FORMATIVI**

## FACULTY

*Enrico Agabiti Rosei* - Brescia, Italy

*Claudio Borghi* - Bologna, Italy

*Michel Burnier* - Lausanne, Switzerland

*Maurizio Castellano* - Brescia, Italy

*Renata Cifkova* - Prague, Czech Republic

*Denis Clement* - Ghent, Belgium

*Antonio Coca* - Barcelona, Spain

*Giovanni de Simone* - Naples, Italy

*Anna Dominiczak* - Glasgow, U.K.

*Claudio Ferri* - L'Aquila, Italy

*Guido Grassi* - Milan, Italy

*Louis Ignarro* - Los Angeles, USA

*Thomas Kahan* - Stockholm, Sweden

*Manolis Kallistratos* - Athens, Greece

*Dragan Lovic* - Nis, Serbia

*Empar Lurbe* - Valencia, Spain

*Giuseppe Mancia* - Milan, Italy

*Marco Metra* - Brescia, Italy

*Maria Lorenza Muiesan* - Brescia, Italy

*Krzysztof Narkiewicz* - Gdansk, Poland

*Paolo Palatini* - Padua, Italy

*Gianfranco Parati* - Milan, Italy

*Paolo Pauletto* - Treviso, Italy

*Pasquale Perrone Filardi* - Naples, Italy

*Roberto Pontremoli* - Genoa, Italy

*Giacomo Pucci* - Perugia, Italia

*Josep Redón* - Valencia, Spain

*Damiano Rizzoni* - Brescia Italy

*Luis Miguel Ruilope* - Madrid, Spain

*Massimo Salvetti* - Brescia, Italy

*Kostas Tsioufis* - Athens, Greece

*Philippe Van de Borne* - Bruxelles, Belgium

*Franco Veglio* - Torino, Italy

*Alberto Zanchetti* - Milan, Italy

*Yuqing Zhang* - Beijing, China



















