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International Symposium on

the Complexity of the Management of Hypertension and its Comorbidities

Barcelona (Spain), 26th-28th November 2015

Symposium: The complexity of the management of hypertension 26-28 November 2015

Hypertension is a silent condition that the hypertensive person fails to perceive. Yet with the passing of time, the excessive pressure in the arteries can give rise to strokes, heart attacks, and kidney and cardiovascular diseases. Added to this, there are also other risk factors, such as obesity, high cholesterol, hyperglycaemia and a sedentary lifestyle. All factors than can be reduced with a healthy lifestyle, and when necessary, appropriate therapy.

The best results can be achieved with the correct identification of patients at the greatest risk, timely diagnosis, and early treatment: things that are not easily managed and which the symposium to be held in Barcelona from 26 to 28 November, "The complexity of the management of hypertension and its comorbidities", will attempt to clarify. International experts taking part in the event, organised by the Hospital Clinic of the University of Barcelona and promoted by the Fondazione Internazionale Menarini, will focus on the most recent acquisitions concerning the mechanisms which due to hypertension trigger heart failure and infarction, how the brain is affected, the interactions between cardiovascular risk and kidney damage, and the most effective treatments in preventing the damage caused by hypertension.

The symposium will be held at the Paraninfo - University of Barcelona, School of Medicine, on 26 November, and will continue in the CCIB Congress Center, Plaça de Willy Brandt, 11-14 on 27 and 28 November.

Participation is open to all doctors, and EACCME/UEMS educational credits will be assigned.

For more information about the Symposium and the activities of the Fondazione Internazionale Menarini please visit the website: <http://www.fondazione-menarini.it/>

For detailed information about the Symposium and how to register, please visit the website dedicated to this initiative: www.hypertensionandcomorbidities2015.com